

3rd January 2023

HAPPY NEW YEAR

We have lots of exciting activities coming up and lots of interesting news.....

SPACEHIVE...CROWD FUNDRAISING

Yippee.....

We are so thrilled that we reached our target on Crowdfunding. This is all thanks to you all. We cannot express how grateful we are for your pledges. This means that our Crewe and Alsager Group Venues are paid for in full for 2023 and we can offer some specialist speech therapy for our members. Absolutely outstanding.

CHANGED DATE NOW WEDNESDAY 1ST FEBRUARY 6.30PM Indoor Bowling at Richmond Village, St Joseph's Way, Nantwich. CW5 6LZ

We have been invited to join the Residents and Activities Team to an evening of indoor bowling. Refreshments will be provided.

Crewe Library, Word Games with Kate Taylor, Wednesday 25th January 2023 11am

Kate Taylor at Crewe Library has invited us along to the Library and is providing us with some fun word games and activities. Before Covid we had regular visits with Kate at Crewe so it's a wonderful opportunity to recommence these sessions.

SAVE THE DATE

Fundraising Evening, Richmond Village, Nantwich Friday 24th March 2023 6.30pm

Interactive Animal Racing (Horse Racing with a twist)

A fun, interactive, hands-on inclusive Racing Game for any age. Involves throwing large dice and moving the Animals along the race course and jumping over fences to become the winner!!! Will your Animal be the Winner or will it come in last place?? Food included with a Raffle and Prizes. Price to be confirmed and will include entry, food. Tokens can be bought on the night.

Animals Racing on the Night will be

- 1 Dr Slimy (Snail) 4. Sir Croak-A-Lot (Frog)
- 2 Quacker Jack (Duck) 5. Nine Carrot Gold (Rabbit)
- 3 Mr Arthur Puffin (Puffin) 6. Admiral Furry Cheeks (Squirrel)

£2 per week includes a hot beverage and biscuit! Or £10 for 6-week period!

Activities and Event/Trips Dates for your Diary January to February 2023

Crewe

Tuesday	4 th Jan	11.00am	Return to Group, Stand Strong with Kate Herd Mentality Activity
Tuesday.	10 th Jan.	11.00am	Reading with Laura, The Readers.org.uk Cause & Effect Matching
Wednesday	. 11 th Jan.	2.00pm	TRIAL Animal Racing, Richmond Village, Nantwich
Tuesday.	17 th Jan.	11.00am.	A Numbers Game
Tuesday.	24 th Jan.	11.00am.	Cheese Tasting with Joseph Heler
Wednesday	. 25 th Jan.	11.00am.	Crewe Library, Kate Taylor
Tuesday.	31 st Jan.	11.00am.	Stand Strong with Kate ABC Activity
Wednesday	1 st Feb	6.30pm.	Indoor Bowling, Richmond Village
Tuesday.	7 th Feb.	11.00am.	Sport and Exercise Discussion
Tuesday.	14 th Feb.	11.00am.	Meet Bru Café, Lyceum Sq, Crewe
Tuesday.	21 st Feb.	11.00am.	Welch's 45 Hospital Street, Nantwich

Alsager

Thursday	6 th Jan	10.30am	Return to Group, Stand Strong with Kate
Wednesday	.11 th Jan.	2.00pm.	TRIAL Animal Racing Richmond Village Nantwich
Thursday.	12 th Jan.	10.30am.	Reading with Laura TheReaders.org.uk Cause & Effect Matching
Thursday.	19 th Jan.	10.30am.	Photo Show, 3 photos to share
Thursday.	26 th Jan.	10.30am.	Cognitive Therapy Worksheet
Thursday.	2 nd Feb.	10.30am.	Stand Strong with Kate Sport & Exercise Discussion
Thursday.	9 th Feb.	10.30am.	Musical Moments with Vicky

Other treats to look forward to in 2023....

Fundraiser Animals Racing (Horse Racing with a twist!).	24 th March 2023 6.30pm
Reaseheath Zoo Visit.	11 th April 2023

Pontcysylite Aqueduct Canal Day Trip The Vale of Llangollen Canal Trust. 31st May 2023

We welcome new members and volunteers at any time. If you would like any information about our Group then please call the numbers below or email me.

Liz Bedson Founder & Lead Volunteer Crewe 07852826582 <u>strokesurvivorgroup@gmail.com</u>