

7th February 2023

We have lots of exciting activities coming up and lots of interesting news.....

ACTIVITIES

We've had some really interesting activities these past 6 weeks from Stand Strong sessions which help prevent falls, Laura from The Reader where we looked at poetry, Cheese Tasting with Dan from Joseph Heler which was extremely popular!! Hand Massages from Julie Barton Library Visit learning a new skill, Makaton and Word Games Indoor Bowling Richmond Village and Alsager Civic Bingo at Hough Village Hall, donated £197! Pantomime at Richmond Village

TICKETS NOW ON SALy

Fundraising Evening, Richmond Village, Nantwich Friday 24th March 2023 6.30pm

Interactive Animal Racing (Horse Racing with a twist)

A fun, interactive, hands-on inclusive Racing Game for any age. Involves throwing large dice and moving the Animals along the race course and jumping over fences to become the winner!!! Will your Animal be the Winner or will it come in last place?? Food included with a Raffle and Prizes. Price £10 and will include entry, food. Tokens can be bought on the night.

CHARITY OF THE YEAR

We are so proud and excited to announce that Richmond Village, Nantwich have chosen us to be their Charity for the Year. We have many fun activities and events planned so please join in when you can.

£2 per week includes a hot beverage and biscuit! Or £10 for 6-week period!

Activities and Event/Trips Dates for your Diary January to February 2023

Crewe

Tuesday	14 th Feb	11.00am.	Meeting at Bru Café, Lyceum Sq, Crewe
Tuesday	21 st Feb	11.00am	Meeting at Welch's, Nantwich
Tuesday.	28 th Feb	11.00am	Stand Strong, ABC Game
Tuesday.	7 th Mar	11.00am	The Reader.org with Laura Prime
Tuesday.	14 th Mar	11.00am	Landmarks and Maps
Tuesday.	21 st Mar	11.00am	Wills/Power of Attorney Sharon Harding Peace of Mind Planning and Self Esteem
Wednesday	22 nd Mar	11.00am	Library fun with Kate
Friday.	24 th Mar	6.30pm	RACE NIGHT Richmond Village
Tuesday.	28 th Mar	11.00am	Everybody Sport with Andy
Tuesday.	4 th Apr	11.00am.	Root it Out Activity
Tuesday.	11 th Apr	11.00am.	Reaseheath Zoo Trip
Saturday.	15 th Apr.	10.30am.	Coffee Morning at Richmond Village
Tuesday.	18 th Apr.	11.00am.	Meeting at Broo, Lyceum Square, Crewe







Cheese Tasting at Crewe with Dan from The Cheese Corner, Joseph Heler

Alsager

Saturday	11 th Feb	9.00am	Tombola at Civic Centre, Alsager
Thursday	16 th Feb	10.30am.	Synonyms
Thursday.	23 rd Feb	10.30am.	Cheese Tasting with Joseph Heler
Thursday.	2 nd Mar	10.30am.	Stand Strong with Kate, Leisure Talk
Saturday.	4 th Mar.	10.00am.	Health & Wellbeing, Civic Centre, Alsager
Thursday.	9 th Mar.	10.30am.	The Reader.org with Laura Prime
Wednesday	15 th Mar	9.00am.	Tombola at Alsager Market
Thursday.	16 th Mar.	10.30am.	Landmarks and Maps
Thursday.	23 rd Mar.	10.30am.	Making Easter Bonnets
Friday.	24 th Mar.	6.30pm.	FUN RACE NIGHT Richmond Village
Thursday.	30 th Mar.	10.30am.	Musical Moments with Vicky
Thursday.	6 th Apr.	10.30am.	Lawton Manor with Easter Bonnets
Tuesday.	11 th Apr.	11.00am.	Reaseheath Zoo Trip
Thursday.	13 th Apr.	10.30am.	UK Maps
Saturday.	15 th Apr.	10.30am.	Coffee Morning at Richmond Village

Other treats to look forward to in 2023....

Titanic Brewery Trip Saturday 13th May 12pm

Pontcysylite Aqueduct Canal Day Trip

The Vale of Llangollen Canal Trust. Wednesday 31st May 9.30am

North Wales Coastal Path Walk. Weekend 23rd June-25th June

24 hour Dance-A-Thon TBC

Dog Show with Crufts Winner Judge. TBC

We welcome new members and volunteers at any time. If you would like any information about our Group then please call the numbers below or email me.

Liz Bedson

Founder & Lead Volunteer Crewe 07852826582 strokesurvivorgroup@gmail.com